TILAK MAHARASHTRA VIDYAPEETH INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE

Name of the event: International Nurses Day.

Organizer: Tilak Maharashtra Vidyapeeth

Venue: First year B.sc Nursing Class room

Date: 12/05/2023

Time: 12-1pm

Participants: First year, Third Year. And Final year B. Sc. Nursing students

Speaker: Mrs.AryaKulkarni, Chief Nursing superintendent, Jehangir Hospital.

On the occasion on International Nurses Day a webinar was organised under the able guidance of Hon'ble Chancellor Sir Dr. Deepak Tilak and Principal Dr. Madhuri S Shelke on the theme **Our Nurses Our Future.**Prof. Dr. Madhuri Shelke Principal welcomed and unveiled the theme.

Mrs. AryaS. Kulkarni CNS & CSO of Jehangir Hospital conducted an informative session. The session focussed on following points: -

- Theme
- How do you look at future in Nursing.
- Why do I want to be a Nurse?
- Is Nursing Good for future?
- Four pillars of Nursing practice
 - Clinical practice
 - Education
 - o Leadership Management
 - o Research
- What inspires you as a Nurse?
- What Nursing has taught me?
- How to rediscover your passion for Nursing.
- Scope and role of Nurses.

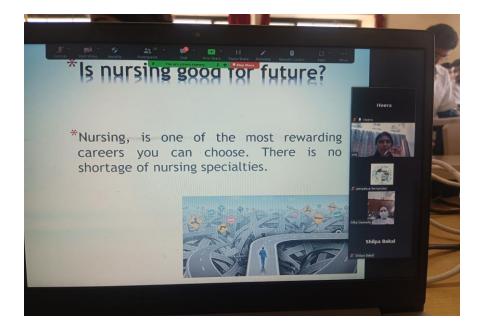
Nearly 130 students participated. The program was anchored by Ms. Priyanka Sable and Dr. Perpetua Fernandes proposed the vote of thanks. The program was really informative and a growth ladder for the students. All students enjoyed it. To encourage students an elocution competition and Poetry competition was conducted on the Nurses Day theme. The best poetries were selected and published in Kesari Newspaper. Students enthusiastically participated and celebrated the Nurses Day.

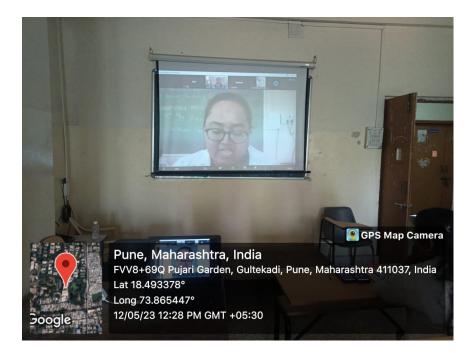
> Pri**Principal** Institute of Nursing Education & Research Tilak Maharashtra Vidyapeeth Trust Gultekdi, Pune - 411 037.

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TILAK MAHARASHTRA VIDYAPEETH

INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE

Name of the event: International Nurses Day.

Organizer: Tilak Maharashtra Vidyapeeth

Venue: First year B.sc Nursing Class room

Date: 12/05/2023

Time: 3pm -5 pm

Participants: First year, Third Year. And Final year B. Sc. Nursing students

Speaker: Mr. Raghavan Koli, Motivational speaker

On the occasion on International Nurses Day a webinar was organised under the able guidance of Hon'ble Chancellor Sir Dr. Deepak Tilak and Principal Dr. Madhuri S Shelke on the theme **Our Nurses Our Future.** Prof. Dr. Madhuri Shelke Principal welcomed and unveiled the theme.

To enhance and build the emotional intelligence of the students a motivational session was conducted for the students. Mr. Raghvan Koli the author and master of Emotional intelligence was the resource person. Prof . Dr. Perpetua Fernandes anchored the session. Principal Prof. Dr. Madhuri Shelke welcomed the speaker and felicitated with a momento as a token of appreciation.

In the session Mr. Raghvan started with ice-breaking session wherein students got comfortable and actively participated. Following points were discussed in the session:

- How to Focus on self
- How to have self-growth,
- How to develop a positive mindset
- Smiling approach to be used always
- Youth problems
- Need for appreciation from others.

Nearly 130 students participated. The students asked questions and got their doubts cleared. The Motivational session was an eye opener for all the students and relatable. This motivational session was indeed fruitful and informative.

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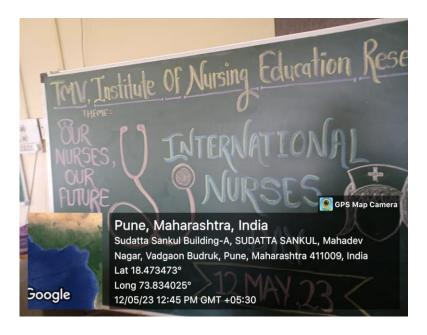
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TILAK MAHARASHTRA VIDYAPEETH PUNE

INSTITUTE OF NURSING EDUCATION AND RESEARCH PUNE.

World Hypertension Day 2023

NAME OF THE EVENT – Seminar on Hypertension On the occasion of World Hypertension Day. ORGANIZER – Tilak Maharashtra Vidyapeeth Nursing Department. DATE AND TIME – 17/05/20223 Time 12 -1 pm PARTICIPANTS – T.Y. Basic B.Sc. Nursing Students SPEAKER – Mrs. Shilpa Bakal VENUE – Chaitanya Mental Health Care center, Kondhawa. THEME – "Measure Your Blood Pressure Accurately, Control It, Live Longer"

Topic Addressed -

- Introduction to World Hypertension Day
- Reveal the theme of World Hypertension Day
- Definition of Hypertension.
- Causes and Management of Hypertension
- Long term effects of Hypertension
- Prevention of Hypertension.

Under the guidance of Dr. Madhuri Shelke (Principal INER, Pune, the third year Bsc Nursing department had conducted the seminar on Hypertension-"Measure Your Blood Pressure Accurately, Control It, Live Longer" On the occasion of World Hypertension Day. The purpose of this activity is to highlight the importance of better prevention, detection and treatment of high blood pressure.

This year, the theme of World Hypertension Day was Measure Your Blood Pressure Accurately, Control It, Live Longer, focusing on combatting low awareness rates worldwide, especially in low to middle income areas, and accurate blood pressure measurement methods.

The objective of WHD is to communicate to the public the importance of hypertension and its serious medical complications, and to provide information on prevention, detection and treatment. World Hypertension Day was initiated by the World Hypertension League in 2005 to raise awareness regarding high blood pressure (BP) and its complications. The WHL launched its first WHD on May 14, 2005. Since 2006, the WHL has been dedicating May 17 of every year as WHD. The Seminar had included the subtopics like what is Hypertension, Causes of Hypertension, signs and symptoms, management, prevention of Hypertension and follow-up care.

Hypertension is 1 of India's most common CVD risk factors, affecting approximately 30% of adults. Obesity and metabolic obesity, found in as many as 50% of anthropometrically undernourished and normal-weight Indian children and adolescents, are key drivers for hypertension.

Only about 12% people with hypertension in India have their blood pressure under control. Uncontrolled blood pressure is one of the main risk factors for cardiovascular diseases (CVDs) such as heart attacks and stroke, and is responsible for one-third of total deaths in India.

Hypertension is considered as the number one contributing risk factor for global deaths, causing strokes, heart attacks, and other cardiovascular complications. The month of May is declared as the "National Awareness Month" to prevent and control this disease.

The seminar conduction had provided an opportunity to collaborate and increase awareness regarding the impact of Hypertension on individuals and communities.

The session was very interactive along with discussion regarding the topic and resolution of their queries.

At the end of the session, the effectiveness of the seminar was assessed through the question answers and clarification of their doubts.

Class coordinator

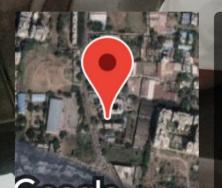
Mrs. Shilpa Bakal - Fisala

Principal

Dr. Madhuri Shelke

Principal Institute of Nursing Education & Research Tilak Maharashtra Vidyapeeth Trust Gultekdi, Pune - 411 037.

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Pune, Maharashtra, India

Kondhwa Road , Bhagatpuram Building, FV3R+CF7, near Chaitanya Hospital, Tyni Audyogic Wasahat, Kondhwa, Pune, Maharashtra 411048, India Lat 18.453505° Long 73.891233°

TILAK MAHARASHTRA VIDYAPEETH PUNE

INSTITUTE OF NURSING EDUCATION AND RESEARCH PUNE.

NAME OF THE EVENT – Seminar On "Asthma care for all" On the occasion of World Asthma Day. ORGANIZER – Tilak Maharashtra Vidyapeeth Nursing Department. DATE AND TIME – 11/05/20223 Time 12 -1 pm PARTICIPANTS – T.Y. Basic B.Sc. Nursing Students SPEAKER – Mrs. Shilpa Bakal VENUE – Chaitanya Mental Health Care center, Kondhawa. THEME – "Asthma care for all"

Topic Addressed -

- Introduction to World Asthma Day Celebration
- Reveal the theme of World Asthma Day
- History of Asthma
- Importance of Asthma awareness and care.

Impact of Asthma on individuals & community.

• Advancements in asthma care.

The goal of the conduction of the seminar was to increase the awareness and encourage better management and care of Asthma on a larger scale.

The global initiative for Asthma (GINA) has designated "Asthma Care for All "as the theme for the 2023 World Asthma Day. The majority of asthma related illnesses and deaths occur in low and middle income countries. GINA urges healthcare providers to ensure that all patients have access to effective, high quality medications to reduce this burden. The asthma care for all campaign aims to promote the development and implementation of effective asthma management plans everywhere with sufficient resources.

Under the guidance of Dr. Madhuri Shelke (Principal INER, Pune, the third year Bsc Nursing department had conducted the seminar on "Asthma care for all" On the occasion of World Asthma Day.

The goal of conducting the programme was to create awareness among the students about the asthma, its signs and symptoms and its management.

The Seminar had included the subtopics like Causes of Asthma, signs and symptoms of asthma, management and follow-up care.

The seminar conduction had provided an opportunity to collaborate and increase awareness regarding the impact of asthma on individuals and communities. The seminar also highlighted the latest development in asthma research and treatment, providing valuable information to the students.

The session was very interactive along with discussion regarding the topic and resolution of their queries.

At the end of the session, the effectiveness of the seminar was assessed through the question answers and clarification of their doubts.

Class coordinator Mrs. Shilpa Bakal

Principal

Dr. Madhuri Shelke

Principal Institute of Nursing Education & Research Tilak Maharashtra Vidyapeeth Trust Gultekdi, Pune - 411 037.



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Pune, Maharashtra, India

Kondhwa Road , Bhagatpuram Building, FV3R+CF7, near Chaitanya Hospital, Tyni Audyogic Wasahat, Kondhwa, Pune, Maharashtra 411048, India Lat 18.453588° Long 73.891177°

TILAK MAHARASHTRA VIDYAPEETH,

INSTITUTE OF NURSING EDUCATION AND RESEARCH,

GULTEKDI PUNE

Name of the event: International Midwifery Day 2023

Organizer: Tilak Maharashtra Vidyapeeth

Venue: TMV, INER Pune

Date and time: 05.05.2023 at 3.00 pm-4.00 pm

Participants: Third Year. B. Sc. Nursing students

Speaker: Ms. Radha Shinde

Theme : "Together again: from evidence to reality"

Topic Addressed:

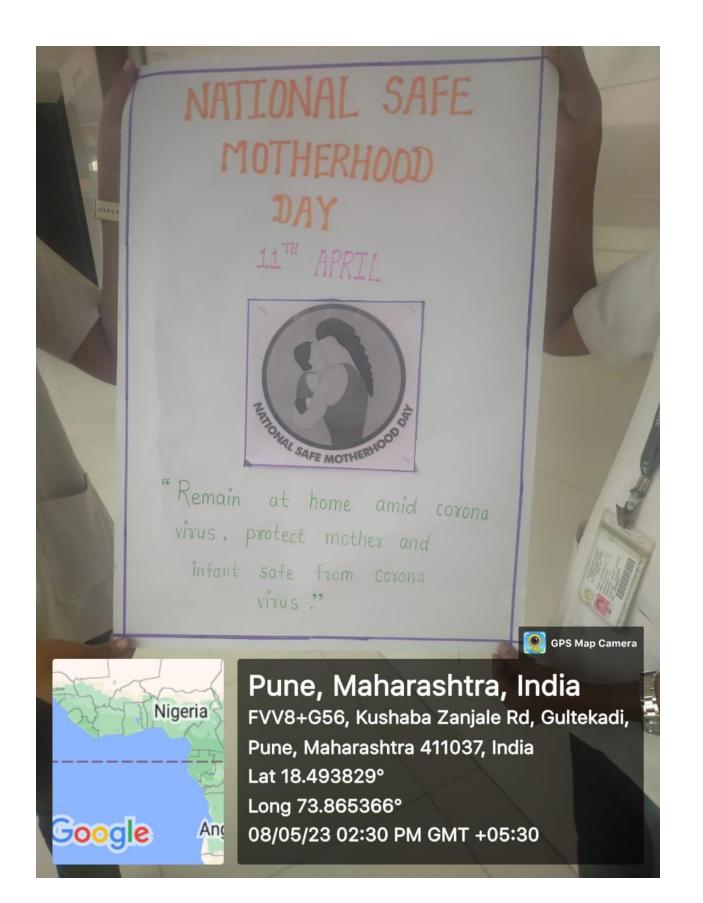
- Introduction to International Midwifery Day
- Importance to celebrate International Midwifery Day
- Describe how to improve daily lifestyle of women reproductive health
- Poster Making competition for students

Under the guidance of Dr. Madhuri Shelke (Principal, INER, Pune) conducted the seminar on International Midwifery Day. The goal of program was to improve the knowledge of the students related health assessment of women by celebrating International Midwifery Day.

At the beginning of the session, knowledge was assessed by asking various questions, then Ms. Radha Shinde took seminar on international midwifery day in which includes importance of celebrating international midwifery day, theme of day is Together again: from evidence to reality" then describe about how to improve daily lifestyle of women reproductive health by seminar including As essential service providers, midwives should be fully integrated into health-care systems. Well-trained midwives provide crucial sexual and reproductive health care, protecting health and human dignity for women and their families. Midwife-led care models improve health outcomes, increase patient satisfaction and reduce costs. Through mobile clinics and telemedicine, midwifery services can reach marginalized and remote populations and end with poster making competition. After the session, again questions were asked to the students to assess the effectiveness of Seminar.

The session was ended with vote of thanks by Ms Radha Shinde.





TILAK MAHARASHTRA VIDYAPEETH, INSTITUTE OF NURSING EDUCATION AND RESEARCH, GULTEKDI PUNE

Name of the event: World Thalassemia Day 2023

Organizer: Tilak Maharashtra Vidyapeeth

Venue: TMV, INER Pune

Date and time: 18.05.2023 at 03.00 pm-3.30 pm

Participants: Third. Year. B. Sc. Nursing students

Speaker: Mrs. Shilpa Bakal

Theme: "Be aware. Share. Care."

Topic Addressed:

- Introduction to Thalassemia
- Importance to celebrate World Thalassemia Day
- Causes of Thalassemia
- Sign and symptom of Thalassemia
- Prevention and management of Thalassemia

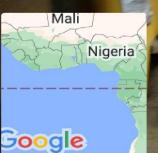
Thalassaemia day is celebrated on the 8th of May, the International Thalassaemia Day is devoted to raising awareness amongst the general public and decision-makers about thalassaemia, promoting and strengthening the lifelong and difficult struggle of patients against this severe blood disease, and commemorating all the people who are no longer with us, while renewing our promise to keep fighting until the final cure for thalassaemia is found.

Under the guidance of Dr. Madhuri Shelke (Principal, INER, Pune) conducted the seminar on World Thalassemia Day. The goal of program was to improve the knowledge of the students related health assessment of children by celebratingWorld Thalassemia Day.

At the beginning of the session, knowledge was assessed by asking various questions, and then Mrs. Shilpa Bakal share knowledge about Importance to celebrate World Thalassemia Day, Causes of Thalassemia what are Sign and symptom of Thalassemia and how to Prevent and management of Thalassemia the session also included practical examples

After the session, again questions were asked to the students to assess the effectiveness of Seminar.

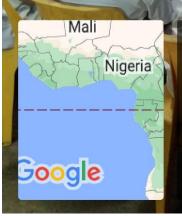
The session was ended with vote of thanks by Mrs. Shilpa Bakal.



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